



## Week of Respect

On Tuesday, September 27, 2016, Central School will experience an interactive assembly called **Wear the Cape**. Wear the Cape uses positive, character-reinforcing messages to teach students the importance of heroic character and what being a hero looks like in everyday life. We will learn what it means to “stand up and stand out”, to stick up for the underdog, and to do what’s right, not what’s *easy*.

Central School will continue to celebrate the official “Week of Respect” October 3<sup>rd</sup>-7<sup>th</sup>. Throughout this week, students will participate in school wide activities that focus on the meaning of respect and how we can demonstrate respect at school, home, and throughout our community.

## SPIRIT DAYS OCTOBER 3-7<sup>th</sup>

*We will honor the Week of Respect with a “theme of the day”. Parents and Guardians, please encourage your children to dress up each day and emphasize the theme. Feel free to use these messages to spark family conversations asking, “what does respect mean to you?”*

- Monday (October 3<sup>rd</sup>): **NO SCHOOL DAY**: Today is the perfect day to show how you are respectful at home. Use your respectful words. Reach out and lend a hand. Try asking, “**what can I do to help?**” If you see litter on the ground, even if it isn’t yours, pick it up! This is your community. Let’s start this week off right by showing a little R-E-S-P-E-C-T! (Feel free to sing to some Aretha!)
- Tuesday (October 4<sup>th</sup>): **Wear Red, White, and Blue Day** to show Central School is **UNITED** against bullying. We will follow our anti-bullying rules and behave as good citizens in and out of our school.
- Wednesday (October 5<sup>th</sup>): **Wear Mismatch Clothing Day** to show we are all **unique** in our own way and we should appreciate and respect our differences.
- Thursday (October 6<sup>th</sup>): **Wear a Hat Day** to show Central School will put a **cap** on bullying. Sometimes we don’t realize when we hurt others. When we tell someone they can’t sit next to us at lunch (even if it was because we were saving the seat for another friend), when we don’t include others at recess (even if it was because we didn’t see someone playing alone), or when we don’t stand up for someone when others are laughing at them...Today we will use our hats to remind us to **STOP** and **THINK**.
- Friday (October 7<sup>th</sup>): **Superhero Day!!** Dress as your favorite Super Hero to show how Central School is full of **HEROES** who are **H**elping **E**veryone **R**espect **O**thers! Together we will “Wear the Cape!”



Week of Respect Activities:

- Each morning, we will focus our announcements on the importance of respect. Students will be challenged throughout the week to behave in respectful ways.
- Students will be introduced to songs with messages about respect in Mrs. Kaniuka's music class.
- The importance of respecting others and showing sportsmanship will be emphasized through various games and activities in Ms. Lamson's physical education class.
- Mr. Bardy's art classes will participate in a Respect Poster Contest.